

From the Prayer Rug to the Couch: Understanding the Culture of Islam and Best Practices in Treating Muslim Clients

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Training Description

This training is a full-immersion experience **designed to increase knowledge and improve skills of mental health professionals who provide therapy to Muslim clients.** Participants will learn about Islamic culture, common myths about Islam and Muslims, and civil rights concerns specific to Muslims. Key concepts of Cultural Humility, Islamophobia, and Allyship will be covered. Best practices in treating Muslim clients will be thoroughly examined. Interested clinicians will be added to a referral list for Muslim clients.

When and Where

Monday, December 4, 2017; 9 am-4:30 pm (registration starts at 8:30 am); Islamic Society of Boston Cultural Center, 100 Malcolm X Blvd., Roxbury, MA. Parking is limited. Location is accessible by T (Orange Line, Roxbury Crossing stop). *Please dress modestly. Headscarves are NOT required.

Registration

Pre-registration is required. Registration fee is \$100 per person; \$60 for each Riverside Community Care employee. Online registration is available at www.muslimclients3.eventbrite.com. You can also register by filling out the attached form or contacting jhuynh@riversidecc.org. Registration deadline is 11/29/17. Refunds will not be available for this training.

Questions

Contact jhuynh@riversidecc.org. Traditional Muslim cuisine will be served for breakfast and lunch.

Presentations

- ◆ Islam 101: Basic Tenets and Common Misconceptions - Barbara Sahli, EdM
- ◆ Human Rights and Dignified Health Care: How “Interventions” Against “Extremism” Harm Minority Patients and Health Professionals - Shannon Al-Wakeel, JD
- ◆ Mosque Tour including Prayer Observation
- ◆ Islamophobia: Its Implications Beyond the Muslim Community, and Allyship - Waheeda Saif, LMHC
- ◆ The Couch and the Prayer Rug: Insights on Case Formulation with Muslim Clients - Othman Mohammad, MD

There is no commercial support or conflict of interest known for programs or instructors listed in this training announcement.

www.riversidetraumacenter.org

Riverside Trauma Center

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After this training, participants will be able to:

- ◆ Understand the key principles and core values of Islam and how it might pertain to their working with Muslim clients
- ◆ Identify civil rights and liberties issues that are unique to Muslims
- ◆ Identify tools and strategies specific to working with Muslim clients
- ◆ Understand the necessity of Cultural Humility in their work with Muslim clients

Continuing Education

Applications for 6 hours of continuing education credits have been submitted for Social Workers, LMHCs, LMFTs, and Nurses. Contact Jenny Huynh (jhuynh@riversidecc.org) for the status of the CE accreditation. This training is approved for 6 hours of continuing education for Psychologists.*



*Riverside Community Care is approved by the American Psychological Association to sponsor continuing education for Psychologists. Riverside Community Care maintains responsibility for this program and its content.

