

# “Neurobiology of Stress, Trauma, and Resilience in the Life Course”

Brought to you by Riverside Trauma Center

## Training Description

This presentation will introduce the concepts of brain development as they pertain to clinical work with populations across the life course. The primary focus will be on the brain in social contexts that support the development of resilience, and of adaptive coping tools such as positive emotion and humor. It will blend clinical practice with cutting-edge neuroscience and genetics research to explore the many ways in which the brain is built through a positive social context. No background in the biological sciences is needed for this presentation.

## Who Should Attend?

This talk will benefit mental health clinicians, health care professionals, and educators. This training is targeted towards advanced, intermediate, and beginner practitioners.

## When and Where

Friday, June 29, 2018; 9:30 a.m.-12:30 p.m.. (registration starts 9 a.m.); Saint Michael Parish, 90 Concord Road, Bedford, MA, 01730

## Continuing Education

Applications for 3 hours of continuing education credits will be submitted for Social Workers, LMHCs, LMFTs, and Nurses. Please contact Jenny Huynh (jhuynh@riversidecc.org) for the status of the CE accreditation. This training is approved for 3 hours of continuing education for Psychologists.\*

## Registration

Cost is \$55 per person or \$35 per person for Riverside Community Care employees. Pre-registration is required. Register online at [neurobiologystress.eventbrite.com](http://neurobiologystress.eventbrite.com). You can also register with the attached form or by contacting [jhuynh@riversidecc.org](mailto:jhuynh@riversidecc.org). Refunds will not be available for this training.

## Questions

For questions regarding the training or to request special accommodations, please email [jhuynh@riversidecc.org](mailto:jhuynh@riversidecc.org) or call 781-433-0672, ext. 5738. Coffee/bagels will be provided.

There is no commercial support or conflict of interest known for programs or instructors listed in this training announcement.

[www.riversidetraumacenter.org](http://www.riversidetraumacenter.org)

## Riverside Trauma Center

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## Speaker:

**Jessica M. Black, PhD**, is an Educational Neuroscientist and an Associate Professor at the Boston College School of Social Work (BCSSW). She obtained her doctorate in Educational Psychology from Stanford University School of Education and completed a postdoctoral research fellowship in the Center for Interdisciplinary Brain Sciences Research within the Stanford University School of Medicine. She has been published in many top research journals and is the Chair of the Children, Youth and Families Concentration within the BCSSW.

## After the training, participants should be able to describe how:

- ◆ The neurobiology of trauma impacts health, emotion, and cognition
- ◆ Resilience can be promoted at the biopsychosocial level throughout the life course through humor, positive emotion, and utilization of strengths
- ◆ Neuroscience and genetics research is relevant to clinical practice



\*Riverside Community Care is approved by the American Psychological Association to sponsor continuing education for Psychologists. Riverside Community Care maintains responsibility for this program and its content.

